

Dance at the Door



ENROLLING NOW - REGISTER YOUR INTEREST!

Welcome to DANCE AT THE DOOR

We offer classes in many styles of dance in a safe and nurturing environment where any dancer can grow to his/her full potential. Classes are offered for the recreational or serious pupil and range in age from 2.5 years to Adult!

To enrol please email danceatthedoor@gmail.com for an enrolment pack and information.

*Timetable is subject to change

TIMETABLE 2016 - TERM 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9:00 - 9:30 am				First Mooves 2	Private Coaching (TBA)
9:30 - 10:00 am				Tutus in Training 2	
9:00 - 9:45 am	Nappies & Tutus 1		Nappies & Tutus 2		
10:00 - 11:00 am				Adult Ballet 1	
9:45 - 10:15 am	N&T Morning Tea 1		N&T Morning Tea 2		
10:30 - 11:00 am	Tutus in Training 1		First Mooves 1		
3:30 - 4:30 pm			Ballet 1	Ballet 2	
4:30 - 5:30 pm			Jazz 1	Jazz 2	
5:30 - 6:30 pm			Contemporary 1	Contemporary 2	
6:30 - 7:30 pm			Troupe	Ballet 3	
7:30 - 8:30 pm				Adult Ballet 2	

CLASS DESCRIPTIONS

NAPPIES & TUTUS (Moms and baby up to 2.5 years)

This class is for expectant moms or moms who are missing exercise and their dance class and would like to bring baby along – you are welcome to wear baby in a carrier or lay them on a blanket to socialise. The class is open to all levels and abilities and moves at a medium pace to accommodate the healing post baby body.

FIRST MOOVES (2.5 – 4yrs)

Parents are invited to accompany your child to class and facilitate in their first dance experience. Pupils will learn to move to music and enjoy the freedom that dance offers. This class is aimed at igniting the dance fire in a young child – we utilise props and popular childrens music, and we have LOTS of fun!

Dance at the **D**or



ENROLLING NOW - REGISTER YOUR INTEREST!

TUTUS IN TRAINING (3 – 5yrs)

This class is for the pupil who is ready for more structured dance in a ballet class setting. We begin the basic training of ballet positions and movements while using lots of props and enjoying the beauty of classical movement, music and training. Parents are not permitted in the class however if a child is particularly distressed or needs your support initially we welcome you to be there.

ADULT BALLETT (18yrs+)

Never done ballet? Did you dance in the past? Looking for a new way to exercise? This class is great for all ages and abilities! A medium paced classical technique based class that offers exercise while learning a new skill or refreshing and old one.

BALLETT (5yrs+)

Classical ballet is the foundation of dance and offers the imperative training of technique and skill. At DATD we offer the Royal Academy of Dance Ballet Syllabus and offer examinations twice a year.

CONTEMPORARY (9yrs+)

Contemporary dance tends to combine the strong and controlled legwork of ballet with modern dance's stress on the torso, and also employs contract-release, floor work, fall and recovery, and improvisation characteristic of modern dance, unpredictable changes in rhythm, speed, and direction are often used, as well.

JAZZ (5yrs+)

A modern style of dance that encompasses many forms usually accompanied by popular music.

TROUPE (10yrs+)

This is our competition troupe team – this offers you the opportunity to compete as part of the DATD troupe team. You will require previous dance experience and will need to be assessed to be accepted to the team after showing interest in joining the troupe.

AUDITION PREP COURSE (15yrs+)

This is a full day course we will run once a term numbers dependant. This course will familiarise you with the audition process, how to prepare your resume to make maximum impact and an audition type class and choreography to practice your skills. We can also address auditions for tertiary education for schools such as WAAPA.

PRIVATE COACHING (9yrs+)

We offer private coaching and lessons for pupils wanting choreography to compete at competitions or to further their technical skills. These are subject to teacher availability and demand.